

Fall 2013

the magazine for success in the garden

PROVEN BEAUTY®



**Superbells® Create a Super Fall
One Container for Four Seasons
A Sneak Peek at Next Spring**

FALL INSPIRATION

Fall may be the season of harvest, but that doesn't mean that it's not a great time to grow as well. Cooler temperatures can enliven your garden and bring you back outside to enjoy it.

In this issue of *Proven Beauty*, we provide you with ideas for transitioning your summer containers and landscape into fall. You can do it by using autumnal-colored plants that thrive in cooler temperatures, by creating unique decorations with pumpkins and succulents, and by giving some of your summer favorites, like hydrangea, a second life through drying.

You don't have to make big changes to breathe new life into your garden in the fall. A little inspiration, some new color, and the right plants will extend your growing season and add months of enjoyment to your outdoor space.

Enjoy the beauty of autumn!



Cathy Lockman
Editor

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by clicking here.**

Proven Beauty is an emagazine devoted to educating and inspiring gardeners. It is published four times a year. Send comments, questions, or story ideas to editor@provenwinners.com.

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On the front cover –

SUPERBELLS® Red *Calibrachoa hybrid*, 'Sweet Caroline Light Green' *Ipomoea batatas*, GRACEFUL GRASSES® VERTIGO® *Pennisetum purpureum*, and SUPERBENA® Royale Peachy Keen *Verbena hybrid*

Outlined flowers:

SUPERBELLS® Dreamsicle, Apricot Punch, and Coralberry Punch *Calibrachoa hybrids*

Opposite:

DOLCE® Crème Brûlée *Heuchera hybrid* with Efanthia *Euphorbia amygdaloides hybrid* and GRACEFUL GRASSES® Toffee Twist *Carex flagellifera*



SHED



GET COMFORTABLE

As the temperatures get more moderate, your outdoor space becomes more comfortable. And when you decorate that space with harvest-colored grasses, foliage, and blooms, it becomes even more inviting.



In containers above:

SUPERBELLS® Coralberry Punch and SUPERBELLS® Dreamsicle *Calibrachoa hybrids*, LUSCIOUS® BERRY BLEND™ and LUSCIOUS® CITRUS BLEND™ *Lantana camara*, GOLDDUST™ *Mecardonia*, 'Sweet Caroline Light Green' *Ipomoea batatas*, GRACEFUL GRASSES® VERTIGO® *Pennisetum purpureum*, COLORBLAZE® Dipt in Wine, ROYALE GLISSADE®, and 'Sedona' *Solenostemon scutellarioides* (Coleus), and SUPERBENA® Royale Peachy Keen *Verbena hybrid*



Above:

GOLDDUST™ *Mecardonia*, Sweet Caroline Raven *Ipomoea batatas*, GRACEFUL GRASSES® VERTIGO® *Pennisetum purpureum*, COLORBLAZE® Dipt in Wine, ROYALE GLISSADE®, and Kingswood Torch *Solenostemon scutellarioides* (Coleus)

Inset above:

SUPERBELLS® Red *Calibrachoa* hybrid, 'Sweet Caroline Light Green' *Ipomoea batatas*, LUSCIOUS® BERRY BLEND™ and CITRUS BLEND™ *Lantana camara*, COLORBLAZE® Kingswood Torch *Solenostemon scutellarioides* (Coleus), SUPERBENA® Royale Peachy Keen *Verbena* hybrid

Opposite at top:

Annuals: ROCKAPULCO® Coral Reef *Impatiens walleriana*, INFINITY® Orange and INFINITY® Salmon Bisque *New Guinea Impatiens*, Sweet Caroline Raven *Ipomoea batatas*, COLORBLAZE® ROYAL GLISSADE® and 'Sedona' *Solenostemon scutellarioides* (Coleus)

Perennials: DOLCE® Crème Brûlée *Heuchera* hybrid, 'Empress Wu', 'Seducer', and 'Wheee!' *Hosta* Shrub: LITTLE LIME™ *Hydrangea paniculata*

Opposite outlined, from left to right:

SUPERBELLS® Coralberry Punch, Yellow, Dreamsicle, Apricot Punch, and Pomegranate Punch *Calibrachoa* hybrids



BRICK BY BRICK

How do you build a beautiful fall outdoor space? One step at a time. The shade-loving annuals shown in this entrance landscaping, for instance, have been chosen for their ability to provide dramatic three-season color that is enhanced by the neutral colors of the home's exterior and brick walkway. The same is true for the plants gracing the containers that accent the unique stone patio. Determine the architectural strengths of your space and build your garden around them.



Outlined below:

Home on the Range

SUPERBELLS® Apricot Punch, Dreamsicle, Red and Yellow *Calibrachoa hybrids*

Containers, left to right:

Peach Cobbler

SUPERBELLS® Apricot Punch and Dreamsicle *Calibrachoa hybrids* with
DIAMOND FROST® *Euphorbia hybrid*

Heart of Gold

SUPERBELLS® Yellow Chiffon *Calibrachoa hybrid*, DIAMOND FROST® *Euphorbia hybrid*
and FLAMBE® Yellow *Chrysocephalum apiculatum*

Ruby Falls

SUPERBELLS® Coralberry Punch *Calibrachoa hybrid*, Sweet Caroline Raven
Ipomoea batatas and SUNSATIA® Canberry *Nemesia hybrid*





SUPERBELLS CREATE FALL FLAIR

There's nothing like the fiery hues of yellow, orange, and red to create that feeling of fall. And there's nothing like Superbells to provide the color and the performance.

Not only can they take the heat of summer, but cool weather actually initiates new blooms. So if you've picked fall-colored Superbells for your summer garden, they'll take you right through the fall. And if you choose pastels for your spring containers and now want a color refresher for the new season, choose Superbells in the colors shown here. Not only will they blend with the traditional autumn decorations of pumpkins, gourds, and kale, but they also add their own distinctive fall flair.



SPRING



SUMMER

C O N T A I N E R S T Y L E

One Container, Four Seasons

Want a container with year-around beauty and seasonal flexibility that will get attention in your neighborhood? You can have it when you choose a slow-growing vertical shrub, like North Pole™ Arborvitae, shown here, and change out your annual underplantings to match the season. Or double the attention by flanking your front door or garage entrance with a pair of the same containers. Just follow these step-by-step instructions.



FALL



WINTER

1. Select a container that is impervious to water, such as glazed pottery or concrete. Do not use terra cotta. Be sure the container you choose has a drainage hole or drill one yourself.
2. Purchase a columnar shrub, sized to your container yet small enough to allow for underplanting. Good options include SUNJOY® Gold Pillar *Berberis*, SKY POINTER™ *Ilex*, FINE LINE® *Rhamnus*, and the Proven Winners line of *Arborvitae*.
3. Fill your container with a good potting soil and plant the shrub in the center (if your container will be against a wall, plant the shrub in the rear center).
4. Underplant the shrub by the season.

For early spring – Plant after danger of freezing is past using cold-hardy plants like bellis, primula, heuchera, aquilegia, erysimum, or euphorbias.

For summer – Use filler and spiller plants to underplant, keeping in mind the amount of sun at the container's location.

For fall – Trim and fertilize the summer plants or replace them with plants that flourish when the weather gets cooler, like Supertunia®, Superbells®, or Superbenas®.

For winter – In late fall, remove the underplantings and cover the surface of the soil around the shrub with river rock or moss. Decorate with lights and outdoor ribbon for the holidays.



Mark McDougal

As a child, Mark grew up roaming the 33 acres of grounds within the Grand Tradition property in southern California, learning at the hip of his grandmother and grandfather who developed the estate. In the family tradition, “everybody takes their turn” learning from doing in each department of this family business. Mark worked in food service, wedding planning, special events detail, maintenance, and groundskeeping. Mark’s artistic eye has guided the design of the property’s new gardens, including the creation of massive rock waterfalls and water features and then landscaping that completes his vision. He explains that Grand Tradition’s recent partnership with Proven Winners ensures that these new gardens feature plants with “incredible longevity.”

ASK THE EXPERT

PROVEN BEAUTY: Which of your garden tools has the most significance to you?

MARK McDOUGAL: My Grandpa Mac started Grand Tradition, and one of my earliest memories is walking the grounds with him. He always carried his pruners in a little handmade leather holder. They hang in my workspace now as a reminder to always honor his intentions as I move Grand Tradition into the future.

PB: What gives you inspiration for your garden designs?

MM: When designing a new planting area of our gardens, I try to think like a painter. The plants are my paints, and my trowel is my brush. Sometimes I sketch my idea and shade it with pastel chalks to make sure I’ve got everything in balance and there’s visual harmony.

PB: What tips do you have for gardeners who have a much smaller area to work with?

MM: Make note of your emotional reaction to colors and the way they affect you when used together. Does red make you energetic? Does pink calm you? Does yellow make you happy? Is white more interesting when used with grey or dark foliage? Developing a base color palette that you like to live with is the first step. Once the base color palette has been identified, I use a color wheel to work out color combinations that are easy on the eye. It’s also a helpful tool when we want to add a new pop of color emphasis. Not all colors play nicely together.

PB: What do you look for when choosing plants for your designs?

MM: Points of interest with pleasing foreground and background companion plants. We have a wide variety of thematic gardens that range from formal to densely tropical to Mediterranean, and in each area, I am careful to choose plants that don’t fight each other for attention. Again, they have to play well together. Over time, you learn how to stage properly so that one plant will not overwhelm and overpower the other. I encourage home gardeners to ask the advice of the nursery folks who work with these plants every day.

GREAT GARDEN DISCOVERIES



Grand Tradition Estate and Gardens

Grand Tradition Estate and Gardens in Fallbrook, California is a Proven Winners Signature Garden. The lush botanical reserve, previously available only for private events, is now also open year-round as a public garden.

Its winding pathways and thematic gardens – from Victorian to Mediterranean to tropical – provide 15 acres of inspiration for visitors. The densely planted gardens feature exotic floral scents, sparkling waterfalls, and award-winning displays of colorful botanicals, including nearly 20,000 Proven Winners and Proven Selections plants.

Contact Information:

www.grandtraditiongardens.com
760.728.6466

Garden Hours:

Gardens are open to the public from 9 a.m. to 2 p.m. every day, except in the case of private or special events. Check the Grand Tradition's **online calendar** for best times to visit.

Admission:

Garden passes may be purchased **online** or when you arrive.
Adults: \$7.50 Children 10-18: \$3 (Free for children under the age of 10)

Annual Pass: \$55 (includes unlimited garden access for 1 year and 10% off at The Veranda Restaurant, the gift shop and on select Grand Tradition Estate & Garden events)



GARDENING HAT

Broad-brimmed, cheap straw gardening hats are especially important in the intensity of the southern California sun, but they're a necessity no matter where you live so you can enjoy gardening while protecting your skin.



MOISTURE METER

A 36-inch probe moisture meter is essential for our large landscape. It measures moisture levels and tells us instantly whether our garden needs water.



COBRA-HEADED WEEDER

The long-handled version of this cobra-headed weeder is indispensable for our grounds crew.



DRIED AND TRUE

ENJOY YOUR HYDRANGEA FOR MONTHS TO COME

The big, beautiful blooms of hydrangea enhance the landscape during the growing season. They also make lovely dried arrangements, so you can enjoy them long after you say goodbye to the days of summer.

What's the secret to drying hydrangea successfully?

For best results, you need to cut the blooms at the right time, and that means waiting for them to shift colors and develop a papery texture. The harvest time will be different depending on the variety of hydrangea in your garden. For instance, QUICK FIRE®, the hydrangea shown on the opposite page, blooms in June, while others, like 'Limelight' shown above, don't flower until early August. In both cases, it's best to harvest the flowers about a month or so after the initial blooms appear to create the best and most long-lasting dried arrangements.

You can enhance the color of the blooms by spraying the florets with a matching color immediately after cutting. Spray them lightly; just a tint of color is best. As the paint dries, it absorbs into the florets for a natural look. For more ideas and helpful hints for successful drying, visit the link shown here.

DIY Instructions for Drying
and Tinting Hydrangea



CARVE OUT A NEW IDEA

With Pumpkins and Succulents

Looking for a unique decoration that features the fall's most popular produce but doesn't require carving? This issue's do-it-yourself project, the pumpkin pod, makes a festive centerpiece, fall accent, or hostess gift for a Thanksgiving celebration.

Here's what you need:

A wide pumpkin with a concave top

Moss

Dried seeds, pods, and flowers

Succulent cuttings (sedums and aeoniums are great choices)

Craft glue or glue gun (hot glue provides a sturdier decoration and allows you to work more quickly)

Follow these steps to create your pumpkin pod:

1. Remove any stem from the top of the pumpkin.
2. Pat down the moss to make it about ½" thick.
3. Glue the moss to the top of the pumpkin.
4. Arrange your succulents and dried items atop the moss to create your design.
5. Glue the pieces to the moss, starting with the larger cuttings and filling in with smaller items.
6. Display on your table.
7. For best results, mist with water once a week and keep indoors. If you choose to display outdoors, place in the shade.







CINNAMON CURLS

DOLCE® CINNAMON CURLS™
Heuchera hybrid

☀️ Zones 4-9 8-12"

NEW

BLACKBERRY ICE

DOLCE® 'Blackberry Ice'
Heuchera villosa hybrid

☀️ Zones 4-9 10-12"

Festive Foliage

Beautiful fall foliage doesn't just grow on trees. The leaves on coral bells varieties boast exceptional fall-inspired colors that make them great choices for this season. And they're perennials, so you can plant them in containers at any time in the season and then transplant into your landscape later in the fall for years of enjoyment.

Next spring, Proven Winners will introduce two new varieties: Dolce® CINNAMON CURLS™ and 'Blackberry Ice'. Look for them in your favorite garden center in Spring 2014.



'Cat's Meow' *Nepeta faassenii*

☀️ 17-20" Zones 3-8

SWEET ROMANCE™
Lavandula angustifolia

☀️ 12-18" Zones 5-9



Making an Introduction

In addition to the coral bells varieties on the opposite page, Proven Winners will introduce exceptional versions of two popular perennials next spring. 'Cat's Meow' is a new catmint that stands strong with no flopping like so many other varieties of this plant. SWEET ROMANCE™ has the beautiful fragrance, dried and cut flower appeal, and butterfly attraction you expect from a lavender, but its flower clusters along the stem bring color down into the plant rather than just on top.

Be sure your landscape includes some royal purple that comes back year after year. Be the first in your neighborhood to plant these beauties in your yard next spring.

HARVEST A REMEDY FOR YOUR WINTER COLD

Be prepared for the cold and flu season with a natural remedy that you can gather from your own garden. Echinacea is widely recognized for its ability to boost the immune system and to shorten the duration and symptoms of the common cold.

Fall is the time to harvest echinacea roots, after the first frost and when the plant is dry and brown. And you can readily find this plant growing across the country. *Echinacea purpurea*, or purple coneflower, shown here, is a native prairie plant and is the same type sold as a natural supplement.

Visit the links to the right for more information about this valuable plant.

[ALL ABOUT ECHINACEA](#)[GENERAL INFORMATION](#)[HARVESTING ECHINACEA](#)[PREPARATION FOR USE](#)[PURPLE CONEFLOWER](#)

The information provided here is for educational purposes only. It has not been evaluated by the Food and Drug Administration and is not intended to cure, treat, prevent, or diagnose any disease or condition.



LITTLE HANDS * BIG IDEAS

Turn Over a New Leaf

While children enjoy collecting the colorful leaves of fall, they can also make their own. All you need to help them turn over their own new leaf is a spray bottle filled with water, some coffee filters, and paint. You can choose watercolors, acrylic paints, or india ink depending on the child's age and abilities. Then follow the directions shown below.

1. Gather your supplies and cover your work surface with newspaper or a plastic cloth.
2. Spray the coffee filters with water, and paint with fall colors. Either ball them up for a tie-dyed effect, as shown here, or lay flat.
3. Let dry. If balled up, unfold completely and lay flat. Fold in half and then into thirds. Cut almond-shaped leaves from the folded filters.
4. Encourage your child to decorate with their leaves. Tape to windows, display on the refrigerator, or try some of the projects shown in the links on the right.

MAKING AUTUMN
LEAVES

AUTUMN LEAF MOBILE

FALL LEAF GARLAND

WREATH OF FALL LEAVES

WINDOW ART





Fall is on the Horizon

Windowboxes and horizontal containers add a strong design element to your outdoor space, no matter what the season. And it doesn't even have to be fall for you to create a strong sense of autumn.

As you can see here, the bronzes, greens, and browns of several Proven Winners varieties provide the color. Other varieties in our line-up of exceptional plants, including Graceful Grasses®, Diamond Frost®, and Coleus, add the foliage shape and texture that says "Fall."





Above:

SUPERTUNIA® White Russian *Petunia hybrid*, DIAMOND FROST® *Euphorbia hybrid*, ILLUSION® Garnet Lace *Ipomoea batatas*, and GRACEFUL GRASSES® Red Riding Hood *Pennisetum*

Below, left to right:

Pure Genius

GRACEFUL GRASSES® Toffee Twist *Carex flagellifera*, 'Sweet Caroline Sweetheart Red' *Ipomoea batatas*, and SUPERBENA® Royale Peachy Keen *Verbena hybrid*

Seaside Getaway

LUSCIOUS® Piña Colada *Lantana camara*, 'Sweet Caroline Light Green' *Ipomoea batatas*, and COLORBLAZE® ALLIGATOR TEARS™ *Solenostemon scutellarioides* (Coleus)

Amber Waves

GRACEFUL GRASSES® Toffee Twist *Carex flagellifera*, 'Sweet Caroline Bronze' *Ipomoea batatas*, and COLORBLAZE® MAROONED™ *Solenostemon scutellarioides* (Coleus)



THE BIG THING FOR NEXT SPRING



Strawberry Kiss from Proven Winners

As a *Proven Beauty* subscriber, you get a jump on spring with this sneak peek at next year's national combination. Each year, we survey consumers, growers, and retailers to create a combination that gardeners want to have on their deck, their doorstep, or hanging from a shepherd's hook or a covered patio. Next year, it will be Strawberry Kiss. Look for it in your favorite garden center in Spring 2014.

Strawberry Kiss

SUPERBELLS® Pink *Calibrachoa* hybrid,
SUPERTUNIA® Mini Appleblossom *Petunia* hybrid,
and SUPERBENA® Royale Whitecap *Verbena* hybrid

AND SOME LITTLE THINGS, TOO

Be ready for any season with all-natural hand and body products for the hard-working gardener. You can order Gardener Goods® and other Proven Winners gifts and products by clicking [here](#).



Gardener's Goods®
Muscle Rub



Gardener's Goods®
Liquid Soap



Gardener's Goods®
Lip Balm

PW
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The #1 Plant Brand.®

